# Budget "Busters/Adjusters" and questions to ask yourself?...

**<u>Spiritual:</u>** (First things first, inside out life!)

Do you tithe each paycheck? Y / N

Do you give offerings often? Y / N

Do you support monthly missions? Y / N

Speak over with scripture out loud finance daily? Y / N (Documents for this on www.lifefamilychurch.net/confessions)

Look for additional ways to sow and serve such as volunteer at church in addition to the Helps Team? Y / N

Do you attend all church services along with prayer and Faith for Free in LCU so you can grow in the Word? Y / N

Do you listen weekly to the Life Family Church podcast for Wednesday nights and Sunday Mornings so you can feed on the food that God has for you? Y / N

## If you answered no to any of the above questions, these things affect your finances!

**3Jn 1:2** Beloved, I wish above all things that thou mayest prosper and be in health, even as thy soul prospereth. Your soul is not prospering! Your soul prospers as you renew your mind to the Word!

**Rom 12:2** And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what *is* that good, and acceptable, and perfect, will of God.

## Natural:

#### Job/Career (Increase skills/Education)

Have you gone to your boss and asked what classes/skill sets are required for the next pay increase or promotions?

If so are you working on those qualifications now?

How long will it be before you achieve this?

#### Out-go:

Any area you can cut back? Y / N (Fill out budget sheet, be aggressive on cutbacks!)

Do you know the difference between a need and a want? Y / N (See budget sheet for identifiers)

Change shopping habits and or store/coupons/sales: Ex: Aldi has lowest food prices.

Re-Structure ideas: List them below, for your action plan!

#### Community resources for temporary crisis:

Have you availed yourself of everything available to you in your community?

This document is on our website for you to use! (Resouces for this on www.lifefamilychurch.net/resourceguide)

Google your area for anything else and go to departments/places in person.

Fill out the budget sheet attached!

	MONTHL	Y BUDGET WORKS	HEET	
Key Code	Yellow = Bills / Needs		Orange = Wants/Luxuries	
MONTHLY TAKE HOME IN	ICOME AMOUNT:		Month/Yr:	
EXPENSE	BUDGETED AMOUNT "Projected Cost"	ACTUAL AMOUNT "Paid Amount"	DIFFERENCE "Still Owe"	"Left Over"
		Savings/Giving		
Tithe		0, 0		
Missions				
Offerings				
Savings				Should be
Emergency Fund				"Zero"
College Fund				
Retirement Fund				
Investments				
Other				
Total:				
		Housing Expenses		
Mortgage/Rent				
Taxes				
Association Dues				
Insurance				
Pest Control				Should be
Repairs				"Zero"
House Maintenance				
Lawn Maintenance				
Pool Maintenance				
Improvement/Remodeling				
Other				
Total:				
Electric	1	Utilities	Í	i
Water				
Gas/Propane				
Trash				
Cable/TV/Movie				Should be
Internet/ business/school				"Zero"
Home Phone/Fax Business				2010
Track phones				
Computer/business/school				
Ipad/Apps/SmartWatch				
Cell Phone Purchases/				
Other				
Total:				
	1 1	Transportation		
Car Payment/Lease 1				
Car Payment/Lease 2				
Gas				
Oil/Fluid Changes				
Maintenance				Should be
Tires				"Zero"
Insurance				
Registration/Taxes				

Car Washes/Detailing				
Toll Charges				
Other				
Total:				
EXPENSE	BUDGETED AMOUNT "Projected Cost"	ACTUAL AMOUNT "Paid Amount"	DIFFERENCE " Still Owe"	"Left Over"
		Food		
Groceries				
Restuarants				Should be
Convenient Store				"Zero"
Fast Food				
Junk food				
Coffee/Soda stops				
Other				
Total:				
		Amenities/Other		
Clothing				
Buying/Purchase Clubs				
Subscriptions				
Gym Membership				
Postage				
Home Décor/Paint				Should be
Electronics				
Appliances				"Zero"
Furniture				
Home Office Supplies				
House Cleaning				
Dry Cleaning				
Other				
Total:				
		Medical/Health		
Health Insurance				
Medical Bills				
Dental Care				
Optometrist				Should be
Medications				"Zero"
Vitamins				
Chiropractor/Wellness				
Other				
Total:				
		Personal/Extras		
Alimony/Child Support				
Life Insurance				
Disability Insurance				
Long-Term Care Insurance				
Identity Theft				
Toiletries/Personal items				
Makeup				
Nails				
Hair Chemical Services				
Hair Cuts				
Entertainment				Should be
Fun Money				"Zero"
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Holidays/Gifts				
Vacation				
School Tuition				
School Supplies				
Pet Care/Veterinarian				
Pet Food				
Childcare				
Other				
Total:				
EXPENSE	BUDGETED AMOUNT	ACTUAL AMOUNT	DIFFERENCE	"Left Over"
	"Projected Cost"	"Paid Amount"	" Still Owe"	
	Debts: Crec	lit Cards, Personal Loar	ns, etc.	
Student Loan #1				
Student Loan #2				
Credit Card 1				
Credit Card 2				
Credit Card 3				Should be
Credit Card 4				"Zero"
Personal Loan				
Personal Loan				
Other				
Other				
Total:				
Overall Total:				
Calculation for columns:	Amount Due	Amount Paid = Am	ount Still Owe (shoul	d be zero)
Calculation for columns:	Amount Due -		nount Still Owe (shoul	d be zero)
Calculation for columns: All funds should be all			nount Still Owe (shoul	d be zero)
All funds should be all			nount Still Owe (shoul	d be zero)
	ocated to a category	each month.	nount Still Owe (shoul	d be zero)
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## Top Budget Busters that can be removed from a budget.

- Pets (Food, toys, grooming, meds, vet care, etc....
  <u>Savings: \$100 \$300</u> per month + Pets can be re-homed if budget requires it.
- Cell phones/plans/Apps/Games/Accessories -Only one person (Adult) who is working full time needs a smart phone.

The remaining adults who are working or providing full time childcare at home can use a track phone. **Savings: \$50-200 monthly!** 

- Fast food and Junk food purchases, (especially using cash and not recording).
  Savings: Avg. for one person per month? = \$100, Avg. for a family per month? = \$250 \$500
- 4. Beverage stops: \$60-\$100 a month savings!
- 5. Nails: \$50 \$100 a month savings!
- 6. Hair Chemical Services: \$100-\$200 per quarter = \$800 per year!
- 7. TV/Cable Movie/Game subscriptions for home and electronic devices, Avg. monthly savings? = \$100 +
- 8. Unused or underused Gym memberships and other types: Savings \$40 + a month!
- 9. Smart phones and plans for individuals who do not actually need them? Savings = <u>\$60 \$150 a month</u>!
- 10. Eating out: **<u>\$25 + \$100+ savings a week per individual</u>**.

## Total potential savings? = \$685 - \$1340 and up!

#### Solutions:

Use free computers at library for emails, schoolwork etc...

Check out movies/books at library for free entertainment! The library also has many free classes on computer skills and others during the year!

Use track phones for "emergency call/family needs" instead of smart phones.

Shop groceries/ sales/coupons/Bogos, plan meals around these!

After all budget cutbacks, see if a second job/business is needed? Items to sell/sow? Community resources for increase job/career skills?

Pray and ask the Lord for any further direction on your family's specific needs!

Your Notes: