ONE HOUR DECLUTTER CHALLENGE TO GET ORGANIZED IN ONLY 7 DAYS

DAY ONE

Kitchen
Clean your fridge
Throw away old food and expired condiments
Make a list of any condiments or food you need to replace
Wipe the inside of the fridge
Clean your pantry and throw away any expired food
Sell or donate any small kitchen appliances you don't use
Go through your junk drawer and finally organize it

DAY TWO

Family Room, Dining Room, Entry
Go through dressers, drawers or bins, if you don't love something, sell or donate it
Sell or donate shoes, coats, scarves, gloves, hats etc that have been outgrown or that aren't worn anymore
Look around your room and if it feels cluttered, donate or sell the decorations that do not bring you joy

DAY THREE

Bathrooms
Clean out all drawers and underneath the sink
Throw away all expired make-up or toiletries
Throw away make-up or toiletries that you don't like or use anymore
Wipe your drawers down
Put things back in an organized manner

DAY FOUR

Bedrooms
Go through closet/dresser and donate or sell clothing and shoes that does not fit or that you have not worn in the last year
Donate or sell kids toys that are no longer being used
Clean under beds
Organize books and toys and donate or sell anything that is no longer wanted

DAY FIVE

Office
Finally go through your "pile" and don't stop until the pile is gone!
File away papers you need to keep
Throw away old papers, fliers, magazines etc that you no longer are using
Declutter as much as possible

DAY SIX

Garage
Go through any bins and organize it all
Donate or sell things you no longer need / want / use
Go through kids outdoor toys, only keep what your children use, love and what fits them

DAY SEVEN

Basement and Attic
If you don't have a basement or attic you get the day off! Wahoo! Otherwise...
Look in every box, bin and corner
If it does not bring you joy, throw it away or donate it
If it does not fit, if you do not use it, or if it does not have sentimental value, throw it away or donate it

Remember!
Only work for
ONE hour
each day