

When I break the bread and drink the cup during Communion, I not only confess my loyalty to Jesus, but to every member of the body of Christ who breaks the bread and drinks the cup with me.

I am strong, I bear the burdens of the weak – I have taken on their weaknesses.

I will never criticize; I will assume their spiritual responsibilities and weaknesses. We are one: if I criticize them, I criticize me.

Dear Family,

Bread:

After I expressed gratitude to our Father, I broke the bread and gave you some to eat, it represents my body, completely sound and whole right now, but it will become broken, I will give it into my Fathers hands and it will be broken for you, so that your body won't ever have to be, by My stripes you are healed, after I am gone I want you to commit to band together and continue to fulfill and perform this breaking of bread with each other until I come back for you. Each time you do it, affectionately remember Me.

Cup:

I also took the cup, it represents my destiny in this earth life, and I gave you a drink, to seal our new contract with My own Blood, the contract that washes away all your sins so we can be together forever. After I am gone when you drink this cup together you are establishing, approving and validating our new contract. Do this together often, forgive each other and forgive yourself, proclaim My death, resurrection and free gift of eternal life to everyone until I come for you again.

Affectionately remember Me for I am with you always even until the end of the age.

Accomplish your Mission,

See you soon!

Love Jesus,