

Scriptures to confess for Forgiving yourself: If God has forgiven you, do as He does!

Psa 32:5 I acknowledged my sin to You, and my iniquity I did not hide. I said, I will confess my transgressions to the Lord [*continually unfolding the past till all is told*]-then You [*instantly*] forgave me the guilt *and* iniquity of my sin. Selah [*pause, and calmly think of that*]!

Psa 32:7 Thou art my hiding-place; thou wilt preserve me from trouble; Thou wilt compass me about with songs of deliverance. Selah.

Psa 103:10 He has not dealt with us after our sins nor rewarded us according to our iniquities.

Psa 103:11 For as the heavens are high above the earth, so great are His mercy *and* loving-kindness toward those who reverently *and* worshipfully fear Him.

Rom 8:1 THEREFORE, [*there is*] now no condemnation (no adjudging guilty of wrong) for those who are in Christ Jesus, *who live [and] walk not after the dictates of the flesh, but after the dictates of the Spirit.* [Joh 3:18]

2Co 5:17 Therefore if any person is [*ingrafted*] in Christ (the Messiah) he is a new creation (a new creature altogether); the old [*previous moral and spiritual condition*] has passed away. Behold, the fresh *and* new has come!

Php 3:13 I do not consider, brethren, that I have captured *and* made it my own [*yet*]; but one thing I do [*it is my one aspiration*]: forgetting what lies behind and straining forward to what lies ahead,

1Pe 5:7 Casting the whole of your care [*all your anxieties, all your worries, all your concerns, once and for all*] on Him, for He cares for you affectionately *and* cares about you watchfully. [Psa 55:22]

Scriptures to confess for the Healing of a broken heart:

Psa 30:5 For His anger is but for a moment, but His favor is for a lifetime *or* in His favor is life. Weeping may endure for a night, but joy comes in the morning. [2Co 4:17]

Psa 34:18 The Lord is close to those who are of a broken heart and saves such as are crushed with sorrow for sin *and* are humbly *and* thoroughly penitent.

Psa 55:22 Cast your burden on the Lord [*releasing the weight of it*] and He will sustain you; He will never allow the [*consistently*] righteous to be moved (made to slip, fall, or fail). [1Pe 5:7]

Psa 147:3 He heals the brokenhearted and binds up their wounds [*curing their pains and their sorrows*]. [Psa 34:18; Isa 57:15; Isa 61:1; Luk 4:18]

Isa 41:10 Fear not [*there is nothing to fear*], for I am with you; do not look around you in terror *and* be dismayed, for I am your God. I will strengthen *and* harden you to difficulties, yes, I will help you; yes, I will hold you up *and* retain you with My [*victorious*] right hand of rightness *and* justice. [Act 18:10]

Isa 43:18 Do not [*earnestly*] remember the former things; neither consider the things of old.

Isa 61:1 THE SPIRIT of the Lord God is upon me, because the Lord has anointed *and* qualified me to preach the Gospel of good tidings to the meek, the poor, *and* afflicted; He has sent me to bind up *and* heal the brokenhearted, to proclaim liberty to the [*physical and spiritual*] captives and the opening of the prison *and* of the eyes to those who are bound, [Rom 10:15]

Eze 34:16 I will seek that which was lost and bring back that which has strayed, and I will bandage the hurt *and* the crippled and will strengthen the weak *and* the sick, but I will destroy the fat and the strong [*who have become hardhearted and perverse*]; I will feed them with judgment *and* punishment. [Luk 19:10]

Joh 14:27 Peace I leave with you; My [*own*] peace I now give *and* bequeath to you. Not as the world gives do I give to you. Do not let your hearts be troubled, neither let them be afraid. [*Stop allowing yourselves to be agitated and disturbed; and do not permit yourselves to be fearful and intimidated and cowardly and unsettled.*]

Rom 8:28 We are assured *and* know that [*God being a partner in their labor*] all things work together *and* are [*fitting into a plan*] for good to *and* for those who love God and are called according to [*His*] design *and* purpose.

Heb 13:6 So we take comfort *and* are encouraged *and* confidently *and* boldly say, The Lord is my Helper; I will not be seized with alarm [*I will not fear or dread or be terrified*]. What can man do to me? [Psa 27:1; Psa 118:6]