

**LAUNDRY PRINCIPLES FOR:**  
**PRESERVING THE LONGEVITY OF GARMENTS**  
*(Print/post in your laundry room!)*

**Darks:**

Turn clothes inside out and use cold water, for less fading, it is the “friction” and heat, that causes fading and “pillage”.

Do not mix darks with whites or towels!

**Towels:**

Wash alone so lint won't get on other things!

Do not mix darks and whites/lights!

**Sheets:**

Can use hotter water if not dark colors.

**Whites:**

Wash alone, can use hotter water for socks, undergarments, etc....

Color “bleeds: onto white causing “graying.”

**Delicates:** *(Specialty fabrics or cottons you do not want to shrink!)*

Turn garments inside out, cold water, gentle cycle with gentle detergent for less fading, dry on low and or hang to finish drying. *(Lay sweaters flat)*

**Bra's/stockings:**

Put in mesh garment bag to launder and do not put in dryer.

**Dry Clean:**

If garment is not dirty and needs “freshening” spray with “Febreze” inside and under arms, turn inside out, hang overnight, articles that will not fade can be put out in sun for airing! Or place in shade for several hours. Send the rest to the dry cleaners!

**Hanging Clothes:**

Always button top button on shirts when hanging to maintain their shape.

Hang on good quality hangers to prevent “shoulder sags/bulges.”

Fold sweaters, do not hang! Slacks: use clip hangers/hang from waist, close zipper/buttons/hooks to maintain shape.

When you purchase a garment, ask for the hanger.

**Ironing: (Buy a good iron and ironing board!)**

To prevent wrinkles in dressier garments and reduce ironing, put clothes in dryer for 5-10 min. on low heat after washing. Remove, shake out, reshape, button/close zippers, and place on appropriate hanger to finish drying in laundry room for 24 hours.

*Read and follow all labels on all garments/fabrics  
and follow directions every time!*

