

Ways to Respect Your Wife's Feelings

Respect is a two-way street. You need to show respect in order to be respected. As a husband, you can start this positive chain in a marriage when you respect your wife's feelings and make her feel cared for.

Discover the ways to show respect to your wife and make her feel that she matters.

1. LISTEN TO HER

Listening is one of the sincerest forms of showing respect to your wife. When she is heard, she feels understood and valued. It is a way for husbands and wives to establish a deeper connection with each other.

The act of listening builds a certain level of trust and openness in your relationship. But more importantly, she feels respected because her opinion and voice matter to you.

2. BE MINDFUL OF HOW YOU COMMUNICATE

Communication is one of the most essential tools for a successful relationship. But it's also one of the hardest to get right.

You need to be mindful of the way you communicate to your partner so you don't hurt her feelings in the process. If there is a source of conflict, refrain from using an accusatory tone. Disagreements are a part of married life. But it's how you handle and communicate during such instances that make a difference.

Communication is also more than just words. Think about the non-verbal communication that you use to make your wife feel respected.

3. DON'T DO ANYTHING TO HURT HER

Respect is all about being sensitive to your wife's feelings. One way to respect your wife's feelings is to make a commitment to not hurt her – physically, mentally, and emotionally.

If you have been married for a while, then you already know what she likes and dislikes. If possible, avoid doing things that she does not like. It's called respect. Don't do anything that you know will upset her.

4. PROVIDE FOR YOUR FAMILY

In this modern age, there are plenty of women who work and are able to provide for themselves and their family. However, a man who makes it his responsibility to provide for his family is someone who respects his wife. The goal of a hardworking man is to make sure that his family will live a comfortable life where their needs are met.

A woman feels more secure when there is financial security within the family. Therefore, a man should work hard for her and for his family, as long as he is able to.

5. DON'T RAISE YOUR VOICE

The way you talk to your wife is another way to demonstrate your respect for her. This means that you should never raise your voice or yell at her, especially in front of your children or in public.

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Yelling at her is a clear sign of disrespect. If you feel angered or triggered, take some time to cool down before you discuss matters with her. Never discuss issues when you are angry. Take time to clear your head so you can discuss things objectively.

If you raise your voice to her, it defines who you are as a person, not her. But it also builds resentment in her towards you, and you would not want that to strain your relationship.

6. DEMONSTRATE TRUST

Trust can make or break a relationship. Trust is more than just believing that your partner won't cheat on you. Trust is about being confident that your spouse will live up to their word.

Do not try to be controlling of your wife. This is one of the best ways to respect your wife's feelings. Avoid texting or calling her all the time when she is out. Avoid going through her phone to check her messages. Avoid snooping around when she is out with friends.

When you demonstrate that you trust her, she will give you more reasons to.

7. MAKE HER FEEL SECURED

There are several ways that you can make your wife feel secure. One way is to match your words with your actions. When you tell her that you love and respect her, be sure to demonstrate it through your actions.

For example, take her on dates or buy her something nice on her birthday or your anniversary. Help her cook dinner for the family. Give her time to go out while you take care of the kids for her. It's these simple acts that reaffirm you respect and love her and give her a higher sense of security in your marriage. That is the ultimate expression of respect.

8. MAKE IMPORTANT DECISIONS TOGETHER

As a married couple, you need to make important decisions together. This is one of the best ways to show your respect towards your wife, especially when it involves finances.

A lot of husbands tend to feel like they can make decisions on their own, especially if they are the main provider in the family. But even if you make money, you still have to consult your wife when making big decisions because you respect her and you value her opinion in the family.

9. APPRECIATE YOUR DIFFERENCES

Respect is about acknowledging and understanding your differences. This is true not just in married life, but even in non-romantic relationships. Every individual is unique. The better you understand that, the better you can appreciate your differences rather than look at it as a source of argument.

10. SUPPORT HER DREAMS

Lastly, supporting your wife in her endeavors is one of the most practical and sincere ways to respect her feelings. A lot of husbands look at their wives' dreams as a hobby rather than a calling. But if she is really serious about pursuing something, give her your full support and words of encouragement. Not only will she feel respected, but it will also give her extra motivation to pursue her dreams.

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1Pe 3:7 In the same way you married men should live considerately with [*your wives*], with an intelligent recognition [*of the marriage relation*], honoring the woman as [*physically*] the weaker, but [*realizing that you*] are joint heirs of the grace (God's unmerited favor) of life, in order that your prayers may not be hindered and cut off. [*Otherwise you cannot pray effectively.*]

Col 3:19 Husbands, love your wives [*be affectionate and sympathetic with them*] and do not be harsh or bitter or resentful toward them.

Eph 5:25-29 Husbands, love your wives, as Christ loved the church and gave Himself up for her, So that He might sanctify her, having cleansed her by the washing of water with the Word, That He might present the church to Himself in glorious splendor, without spot or wrinkle or any such things [*that she might be holy and faultless*]. Even so husbands should love their wives as [*being in a sense*] their own bodies. He who loves his own wife loves himself. For no man ever hated his own flesh, but nourishes and carefully protects and cherishes it, as Christ does the church,

Work with your wife as a team. You and your wife will need to work shoulder-to-shoulder to build a life together, so treat her as your companion and your helpmate. In fact, in Genesis 2:18, the Bible says that God created Eve because Adam needed a "suitable helper." Genesis 2:24 also says: "That is why a man leaves his father and mother and is united to his wife, and they become one flesh."

- In a healthy marriage, you and your partner will enhance each other's best qualities and help balance out each other's faults, acting as one solid unit to take on the world.

- Ecclesiastes 4:9 supports this as well: "Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Also, if two lie down together, they will keep warm. But how can one keep warm alone?"

Show your wife tenderness, even if she makes a mistake. As much as you love your wife, she may occasionally make an error in judgment, be impatient or unkind toward you, or upset you in some other way. However, Colossians 3:19 says, "Husbands, love your wives and do not be harsh with them." Be slow to anger and show your wife forgiveness and love. This will allow her to grow from her mistakes, rather than being haunted by them.

- 1 Corinthians 13:4-5 also describes this kind of love: "Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs."

Encourage your wife to be the best version of herself. When you're in a happy, healthy marriage, you want to see your spouse live up to their fullest potential. Point out the strengths you see in your wife to help build her up, and always encourage her to follow her dreams. Remember, everyone has unique talents and passions, and the Bible says that we should use these gifts to honor God.

- Hebrews 10:24 says: "And let us consider how we may spur one another on toward love and good deeds."
- 1 Corinthians 12:5-6 encourages us to find our own ways of serving the Lord: "There are different kinds of service, but the same Lord. There are different kinds of working, but in all of them and in everyone it is the same God at work."