

The Covenant Meal (Communion)

(Bread and juice are the elements of communion which represent our covenant)

Bread symbolizes the body. The juice symbolizes the blood of the covenant.

1. When a person gave bread to his covenant partner and he ate it, he was eating the person's body, symbolizing that his body is in his partner and his partner's body is in him – they are one, we are one in the Lord. ***(Gal. 3:28)***
2. It symbolizes the giving of life – it says, “If you were starving, I would feed you my very flesh before I would let you die.” ***(John 1:14, Word made flesh)***
3. The bread and the wine are then passed around to all the relatives and they all partake and enter into the covenant. ***(Matt.26:26, gave it to them, eat..)***

1Co 11:-31 Therefore, whoever eats the bread or drinks from the Lord's cup in an improper way will be held responsible for the Lord's body and blood.

With this in mind, individuals must determine whether what they are doing is proper when they eat the bread and drink from the cup.

Anyone who eats and drinks is eating and drinking a judgment against himself when he doesn't recognize the Lord's body.

This is the reason why many of you are weak and sick and quite a number of you have died. If we were judging ourselves correctly, we would not be judged.

When I break the bread and drink the cup during Communion, I not only confess my loyalty to Jesus, but to every member of the body of Christ who breaks the bread and drinks the cup with me.

I am strong, I bear the burdens of the weak – I have taken on their weaknesses.

I will never criticize; I will assume their spiritual responsibilities and weaknesses. We are one: if I criticize them, I criticize me.